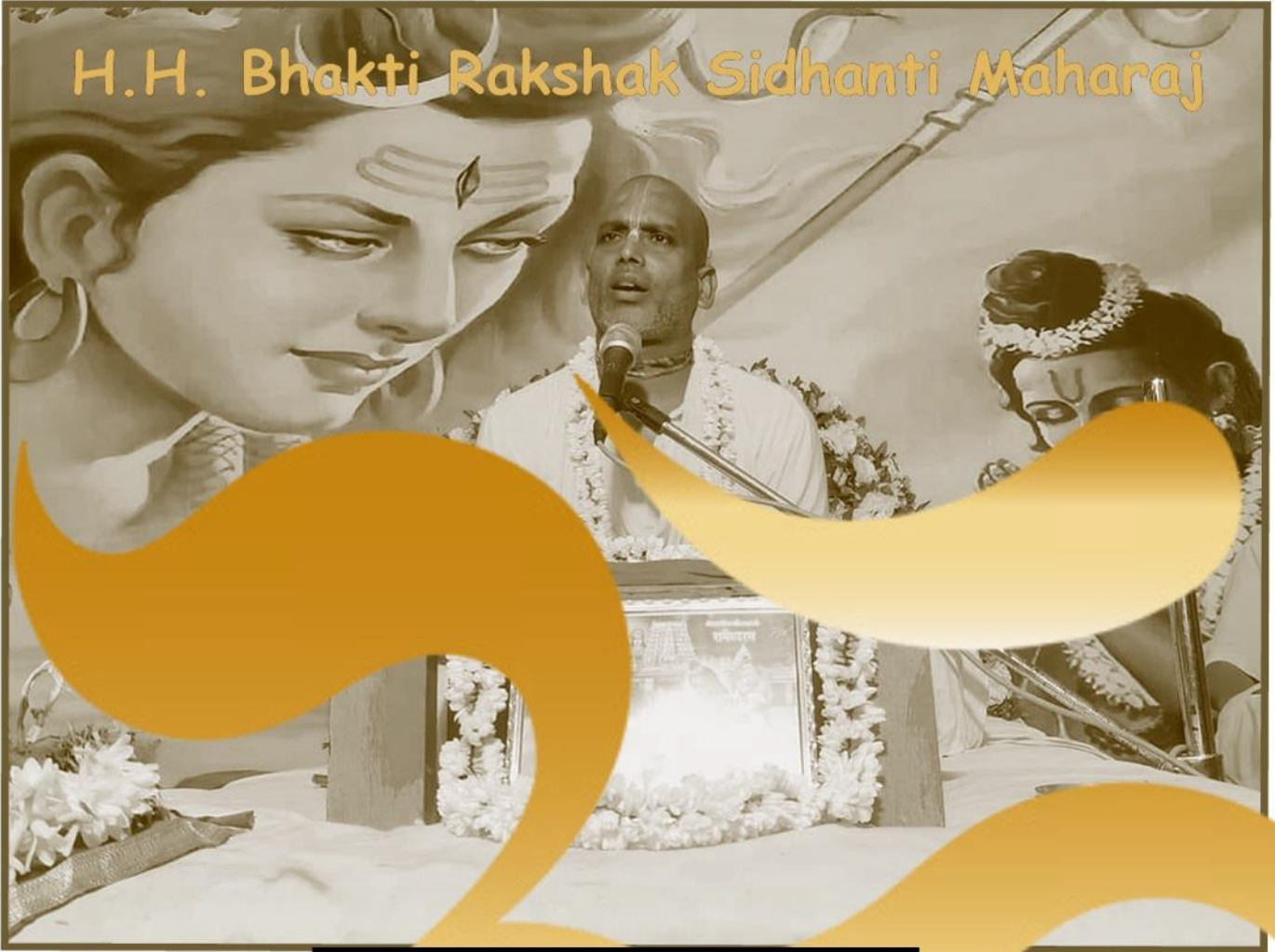


H.H. Bhakti Rakshak Sidhanti Maharaj



ANTWERPEN, BELGIUM

9/9/2023 - 14/9/2023

BHAKTI

YOGGA

ASANAS

MEDITATION

INSIGHTS

CHANTING

DEVOTION

LECTURES

# H.H. Bhakti Rakshak Sidhanti Maharaj

Swamiji comes from a brahmin family from the Indian state of Orisa.

When he was very young he was miraculously saved from a train accident

He then decided to surrender his life to God.

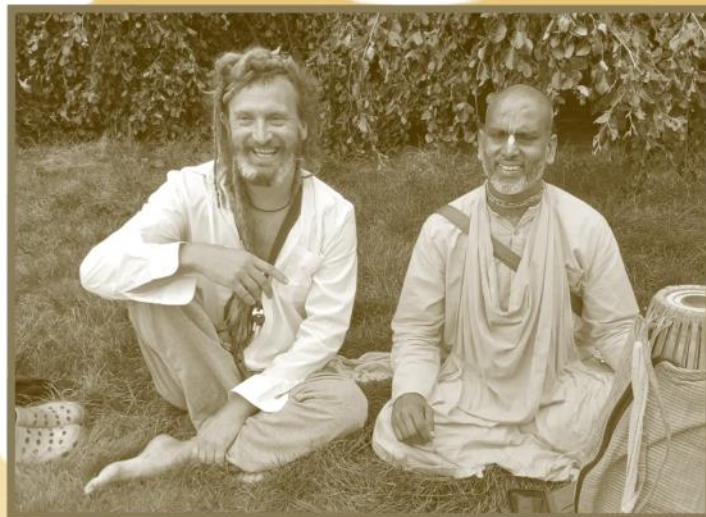
He started to live in the temple and took initiation from his spiritual master,

Srila Bhakti Vaibhava Puri Goswami Maharaj.

Later he also accepted renounced order - sannyas.

He has beautifully developed a temple in Bhadrak,  
which is under his management and soon he will open another temple in Salem.

He travels often to the West to share ancient wisdom and a pure way of life.



Ellgurds' school of Intercultural Movement is very honoured to host swamiji.  
We came to know him as a very beautiful and generous teacher, always open  
and interested to find the best way to share his incredible knowledge.

We are so joyful for his guidance within the Krishna consciousness.

# H.H. Bhakti Rakshak Sidhanti Maharaj

**Saturday**  
**9/9/2023**

## **MANTRA CHANTING AROUND THE FIRE**

Het Bolhuis Natuurboerderij Asdonkstraat 49, 3294 Diest

**Sunday**  
**10/9/2023**

## **A DAY WITH SWAMIJI**

**Ellgurds' studio Essenstraat 4, 2060 Antwerpen**

10:00 Meditation - Mantra - Yoga Nidra 11:00 Lecture : 'How to be happy' 12:30 Mahamantra

13:00 Lunch

15:00 Meditation - Mantra - Yoga Nidra 15:30 Lecture 'Detachment and relationships' 16:00 Asanas - Meditation - Yoga Nidra  
17:00 end

**Monday**  
**11/9/2023**

## **MORNING PROGRAM**

**Ellgurds' studio Essenstraat 4, 2060 Antwerpen**

6:30 Mantra - Meditation - Yoga Nidra 7:00 Lecture 7:30 Asanas

## **EVENING LECTURE**

**Yoga Saraswati, Rosweg 54, 1750 Lennik**

**Tuesday**  
**12/9/2023**

## **MORNING PROGRAM**

**Ellgurds' studio Essenstraat 4, 2060 Antwerpen**

9:00 Meditation - Mantra - Yoga Nidra 10:00 Lecture : 'How to improve your daily life' 11:00 Asanas - Meditation - Yoga Nidra

## **EVENING LECTURE**

**Wednesday**  
**13/9/2023**

## **MORNING PROGRAM**

**Ellgurds' studio Essenstraat 4, 2060 Antwerpen**

6:30 Mantra - Meditation - Yoga Nidra 7:00 Lecture 7:30 Asanas

## **EVENING LECTURE**

**Thursday**  
**14/9/2023**

## **CLOSING CEREMONY**

**Ellgurds' studio Essenstraat 4, 2060 Antwerpen**

**All classes : Free Donation**