

Swami

Worldtour '23

Samarpanananda

Himalayan Master



ANTWERPEN, BELGIUM

22/9/2023 - 24/9/2023

KRIYA

YOGA

ASANAS

MEDITATION

NIDRA

PRANAYAMA

KUNDALINI

CHAKRAS

Samarpanananda

Himalayan Master

Swami Avadhuta Samarpanananda
is a Mystic, Traditional Yoga, Guru, Author,
Humanitarian and a Spiritual Leader.

He is the founder, director and chief patron
of the International Samarpan Yoga Awareness Foundation (ISYAF),
Swami Samarpan Ashram,
Samarpan School of Yoga,
Samarpan School of Ayurveda,
Sri Swami Samarpan Shivananda Homeopathic Charitable Hospital
and Samarpan Yoga Publications.

Traditional Yoga Master,
he leads programs on Yoga, Advait Vedanta,
Sanatan Vedic Dharma, Kundalini Mystic Science
and Kriya Yoga.

Author, he published 3 books to date
(Authentic Yoga, Authentic Pranayama Yoga, Samarpan Yoga)
and is engaged in it writing his fourth book on "Samadhi Yoga"
whose publication is expected soon.

Spiritual leader,
he attends and guides national and international peace conferences.



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Friday 22/9/2023

19:00- 20:00 Pranayama and Yogakriya
20:00 - 21:30 Lecture : Introduction into the spiritual life
21:30 - 22:00 Meditation

Saturday 23/9/2023

10:00 - 11:00 Pranayama and Yogakriya
11:00 - 12:00 Yoga asanas for a healthy body and mind
12:00 - 13:00 Importance of Kriyayoga and application into meditation

15:00 - 16:00 Yoga Nidra for stress management
16:00 - 17:00 Kriya Yoga meditation for awakening kundalini and the chakras
17:00 - 18:00 Questions and Answers

Sunday 24/9/2023

10:00 - 11:00 Pranayama and Yogakriya
11:00 - 12:00 Yoga asanas for a healthy body and mind
12:00 - 13:00 Importance of Kriyayoga and application into meditation

15:00 - 16:00 Yoga Nidra for stress management
16:00 - 17:00 Kriya Yoga meditation for awakening kundalini and the chakras
17:00 - 18:00 Questions and Answers

Full Weekend : 200€

1 day (Saturday or Sunday) : 90€

Ellgurd vzw

Samarpanananda

Himalayan Master

Ellgurds' school for Intercultural Movement

We are very honoured to receive Swamiji in our school.
For all further information please contact us.

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About the prices

Prices are the suggested Dakshina.
Dakshina is an Indian Vedic Ashram Tradition
unknown or misunderstood in the west and around the world.
Dakshina could be translated into loving offering
made to the teacher.

Traditionally, one gives according to his capacity,
and according to the value which is given to the event.

We leave the choice up to you.

Our intention is to stay away from commercialising
Spiritual Diksha (initiation), because the energy and
practices can only be transmitted from an open heart to another open heart,
it's not something you can simply buy and go home with.

If you are uncertain or want to discuss any personal
financial issues and solutions ,
you can contact Sigurd.

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